**Partner Pursuit**

Complete each challenge with a different partner and have your partner sign their name once the activity is completed.

|  |  |
| --- | --- |
| **Partner Challenge** | **Signature of Partner** |
| * Tennis Ball Toss & Catch x 20
 |  |
| * Squat Facing Partner x 20
 |  |
| * Jog 2 Laps w/ Partner
 |  |
| * Jumping Jacks x 25
 |  |
| * Wall Sit for 1 minute Beside Partner
 |  |
| * Plank and Roll Tennis Ball x 20
 |  |
| * Juggling Scarf Toss & Squat x 10
 |  |
| * Sit Up and Toss x 20
 |  |
| * Back to Back – Up & Down x 10
 |  |
| * Side by Side Seated Twist w/ Juggling Scarf x 10
 |  |
| * Yoga Tree Pose Side by Side x 30 secs
 |  |
| * Push-Up Alternating Hand Slap x 10
 |  |
| * Lunge to Sideline and Back w/ Partner
 |  |

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