

PEER OBSERVATION – DODGING

My Name:

My Partner's Name:

Date:

Today we are looking at the skill of dodging.

My partner needs to:

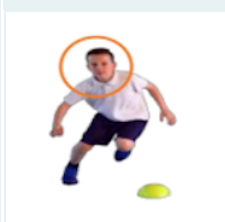


Looks good

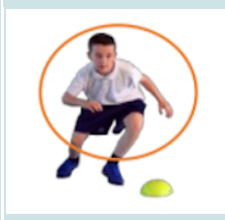


Needs more practice

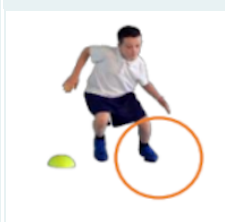
Keep their head up and eyes looking forward



Keep their body as low as possible



Plant their foot, bend their knee and push off from the outside of the foot to change direction



Use deception or "trickery" by leaning one way and pushing off the other way



Dodge on both sides

