

# Types of Throwing/Sending Objects in Motion Unit

## Role Play Activity

**Objective:** Use this activity as a culminating assessment to determine if students are able to describe and demonstrate the critical elements of different throwing techniques using various objects.

### Description:

1. Divide participants into groups of 3-5.
2. Provide each group with a scenario card.
3. Groups create a performance that demonstrates their understanding of the throwing skill/technique within their scenario.
4. Critical elements and techniques of that skill that were learned and demonstrated in class must be included.
5. All group members must actively participate in the performance.
6. Feel free to use props, such as equipment, music, etc.
7. Performances will be presented in class and scored according to the rubric below.  
Consider videotaping the performances to accurately assess each one afterwards.

<b>Role Play Scoring Rubric</b>
<i>Level 4 – Ready for Broadway!</i> <ul style="list-style-type: none"><li>❑ All critical elements of the skill are clearly explained/demonstrated</li><li>❑ All group members are active participants in the scene</li></ul>
<i>Level 3 – Ready for Center Stage!</i> <ul style="list-style-type: none"><li>❑ Most critical elements of the skill are clearly explained/demonstrated</li><li>❑ All group members are active participants in the scene</li></ul>
<i>Level 2 – Ready for Local Cable TV!</i> <ul style="list-style-type: none"><li>❑ Some critical elements of the skill are clearly explained/demonstrated</li><li>❑ Most group members are active participants in the scene</li></ul>
<i>Level 1 – Practicing for a School Assembly!</i> <ul style="list-style-type: none"><li>❑ Few critical elements of the skill are clearly explained/demonstrated</li><li>❑ Some group members are active participants in the scene</li></ul>

# Types of Throwing/Sending Objects in Motion Unit

## Role Play Assessment (to be completed by assessor during performance)

Names of Group Members:

_____
_____
_____
_____
_____

Scenario/Skill: \_\_\_\_\_

Critical elements and techniques included in the role play performance:

_____
_____
_____

Group member participation:

_____
_____
_____

<b>Role Play Scoring Rubric</b>
<b><i>Level 4 – Ready for Broadway!</i></b> <ul style="list-style-type: none"><li><input type="checkbox"/> All critical elements of the skill are clearly explained/demonstrated</li><li><input type="checkbox"/> All group members are active participants in the scene</li></ul>
<b><i>Level 3 – Ready for Center Stage!</i></b> <ul style="list-style-type: none"><li><input type="checkbox"/> Most critical elements of the skill are clearly explained/demonstrated</li><li><input type="checkbox"/> All group members are active participants in the scene</li></ul>
<b><i>Level 2 – Ready for Local Cable TV!</i></b> <ul style="list-style-type: none"><li><input type="checkbox"/> Some critical elements of the skill are clearly explained/demonstrated</li><li><input type="checkbox"/> Most group members are active participants in the scene</li></ul>
<b><i>Level 1 – Practicing for a School Assembly!</i></b> <ul style="list-style-type: none"><li><input type="checkbox"/> Few critical elements of the skill are clearly explained/demonstrated</li><li><input type="checkbox"/> Some group members are active participants in the scene</li></ul>

**Role Play Scenario Cards** (to be copied, cut and one handed out to each group)

Vladimir has just moved to Canada from Russia and is a new student in your class. Not only does he not speak English, but he has also never been taught how to overhand throw. You must teach him to throw overhand and try to hit a target on the wall. Remember... Vladimir does not understand English.



The fire department has been called to a fire at an apartment building where there are several small kittens trapped inside. The firefighters inside the building will have to underhand toss the kittens outside down to the landing net. The fire chief must instruct how to underhand toss the kittens so they can be rescued safely.

It is the big flag football game and your quarterback has just been injured. The score is tied 17-17 with just one-quarter left to go. Your back-up quarterback is sick with the flu, so the coach asks Sam, the slotback, to be the replacement. Sam is new to the position. The coach and teammates need to give Sam advice on how to throw the football, so they can win the game.



Mrs. Coronado is ill and a member of your group is called upon to teach the Frisbee toss to a small group of students. Most of the students have never tossed a Frisbee before. Show us how you would teach it.

Your friends have invited you to the bowling alley for a night of fun. When you arrive nice and early, you notice one of your friends, Taylor, practicing and struggling with the skill. So, before everyone shows up, you decide to help Taylor feel comfortable and confident bowling. Show us the steps to this skill.

