



Physical Education

Self- Evaluation

Place an "x" in the column beside the numbers of the description that best fits your performance in today's/this week's (please circle one) class(es).

Effort	Always puts forth 100%.	5	
	Puts out 100% most of the time.	4	
	Tries under motivation.	3	
	Frequently fails to put forth.	2	
	Never tries.	1	

Used with permission and developed by Ken Yaremkevich & Jason Segger



Name: _____



Physical Education

Self- Evaluation

Place an "x" in the column beside the numbers of the description that best fits your performance in today's/this week's (please circle one) class(es).

Effort	Always puts forth 100%.	5	
	Puts out 100% most of the time.	4	
	Tries under motivation.	3	
	Frequently fails to put forth.	2	
	Never tries.	1	

Used with permission and developed by Ken Yaremkevich & Jason Segger



Name: _____

