



Physical Education

Self- Evaluation

Place an "x" in the column beside the numbers of the description that best fits your performance in today's/this week's (please circle one) class(es).

| | | | |
|-----------------------------|---|---|--|
| Leadership/ Followership | Uses initiative as a leader and is a good follower. | 5 | |
| | Can lead at times and is a good follower. | 4 | |
| | A good follower but has trouble leading. | 3 | |
| | Poor leader and fair follower. | 2 | |
| | Never leads and poor follower. | 1 | |

Used with permission and developed by Ken Yaremkevich & Jason Segger



Name: _____



Physical Education

Self- Evaluation

Place an "x" in the column beside the numbers of the description that best fits your performance in today's/this week's (please circle one) class(es).

| | | | |
|-----------------------------|---|---|--|
| Leadership/ Followership | Uses initiative as a leader and is a good follower. | 5 | |
| | Can lead at times and is a good follower. | 4 | |
| | A good follower but has trouble leading. | 3 | |
| | Poor leader and fair follower. | 2 | |
| | Never leads and poor follower. | 1 | |

Used with permission and developed by Ken Yaremkevich & Jason Segger



Name: _____

