

Cooperation, Effort and Safety Marking Scale

Please read through the following Physical Education Marking Scale carefully. Under both **Cooperation** and **Effort & Safety**, place the number (either 4, 3, 2, or 1) in the space beside each that truthfully describes **your actions** and **your behaviors** during our unit of _____.

REMEMBER...BE HONEST WITH YOURSELF!

Marking Scale

- 4 = I showed this action/behavior all of the time (Exceeds the Standard – Mastery)
- 3 = I showed this action/behavior most of the time (Meets the Standard – Accomplished)
- 2 = I showed this action/behavior sometimes (Approaches the Standard – Developing)
- 1 = I showed this action/behavior only a few times (Does Not Meet the Standard – Emerging)

COOPERATION

1. _____ I treated my classmates, teacher and myself with **RESPECT**.
2. _____ I showed **SPORTSMANSHIP** which includes treating others fairly and playing by the rules.
3. _____ I **HELPED** and **ENCOURAGED** others to do their best.
4. _____ I **HELPED** or **OFFERED** to take out, set up or put away equipment.
5. _____ I **SPOKE POSITIVELY** to my teacher and classmates.

TOTAL = _____

EFFORT & SAFETY

6. _____ I **COMPLETED** class warm-up activities to the best of my ability.
7. _____ I **PARTICIPATED** and **WORKED HARD** in all activities.
8. _____ I **RESPONDED QUICKLY** to attention signals, such as “Freeze, Fast Five”, and one whistle.
9. _____ I **FOLLOWED INSTRUCTIONS** and showed **LISTENING** carefully and quickly.
10. _____ I moved **SAFELY** in all activities.

TOTAL = _____

MARKING SCALE - SCORING

- 18 – 20 Student Exceeds the Acceptable Standard (Mastery)
- 15 – 17 Student Meets the Acceptable Standard (Accomplished)
- 11 – 14 Student Approaches the Acceptable Standard (Developing)
- 0 – 10 Student Does Not Meet the Acceptable Standard (Emerging)