

OUTDOOR SCAVENGER HUNT

Check off the items on the list as you come across them. The items do not have to be found in order.
NOTE: Physical activity outside provides additional benefits to the physical activity itself.

- Something smooth
- Something that moves
- A leaf or a flower
- Something you can hold in your hand
- A shadow
- Something rough
- The funniest thing you can find
- Something with wheels
- Something tall
- Something colourful

